

5.12. The Rest Convalescent Home, Porthcawl, South Wales, annual admissions, 1878-1938.

Note: The Rest Convalescent Home was founded in two former cottages at Porthcawl on the south Wales coast by members of the Glamorgan elite in 1862 and underwent numerous improvements and extensions in the years that followed. By the early twentieth century, most colliery companies, trade union lodges and a host of other groups and organisations paid annual subscriptions and received tickets of admission. Such tickets allowed men, women and even children to stay for one or two weeks to recuperate from injury or illness and regain strength and health. Miners, their wives and their children made up the bulk of the patients at the Rest from the late nineteenth century.

Year	Number of patients admitted
1878	33
1879	59
1880	85
1881	154
1882	134
1883	176
1884	165
1885	191
1886	184
1887	195
1888	237
1889	345
1890	380
1891	381
1892	425
1893	548
1894	673
1895	736
1896	741
1897	753
1898	738
1899	717
1900	795
1901	961
1902	983
1903	1,022
1904	1,095
1905	1,171
1906	1,283
1907	1,371
1908	1,335

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1909	1,361
1910	1,728
1911	1,947
1912	2,090
1913	2,379
1914 +	2,493
1915	2,035
1916 *	883
1917 *	1,192
1918 *	1,312
1919	2,028
1920	2,080
1921	2,161
1922	2,261
1923	2,767
1924	2,822
1925	3,131
1926	2,925
1927	2,973
1928	3,031
1929	3,424
1930	3,208
1931	2,925
1932	2,933
1933	3,088
1934	3,031
1935	3,028
1936	3,212
1937	3,247
1938	3,156

+ Southerndown Rest opened in 1914

* Southerndown Rest only available; Porthcawl Rest being used as military hospital

Source: The Rest Convalescent Home, Porthcawl, Annual Reports, 1862-1970.